



Fun and Funky Music for Early Intervention

You Gotta Get Up Training Weekend 11th - 13th September, 2009

The Kids 'n' Music Training Weekend is designed for people who would like to attend a more intensive training session on material from the *You Gotta Get Up* series by Leonie Cecich. These sessions are available to anyone wanting to further their own professional development in music education. Opportunities are also available to join the fun and funky Kids 'n' Music team!

Weekend

The weekend includes intensive training sessions on the first three books from the *You Gotta Get Up* series - plus a sneak peak of *You Gotta Get Up 4* - which is due for release later this year! We have lots of other surprises to make sure the weekend will leave you motivated, inspired and recharged! Activities include yoga sessions, bushwalking, awards and a Saturday night sing-a-long! Catering is included and accommodation is available. **There are only 30 places available so book early to avoid disappointment!**

Training

Each session is three hours in length and will cover one book in its entirety. Training Notes and a Certificate of Completion will be provided to each delegate. WACOT will recognise a Kids 'n' Music professional development certificate if the content of the session is relevant to your teaching field.

Session Times

Fri 11th Sept 9.30 - 12.45pm - *You Gotta Get Up 1* Training Session
Fri 11th Sept 2.00 - 5.15pm - *You Gotta Get Up 2* Training Session
Sat 12th Sept 9.30 - 12.45pm - *You Gotta Get Up 3* Training Session
Sat 12th Sept 2.30 - 3.30pm - Discussion Time with Leonie and the Kids 'n' Music Team!

Registration

Booking and full payment is required prior to the weekend. **Early bird prices are available until 24th August.** Please complete the Training Registration Form and forward with your payment to Kids 'n' Music. The registration desk will be open 30 minutes prior to each training session.

Venue

Just 20 minutes from Perth, Anapana Ridge located at 38 Gilchrist Road in Lesmurdie is set on 5 acres of beautiful bushland with an ambience uniquely cultivated to provide the perfect "get away". Country style home cooking and a hot spa will complement our busy training sessions! Visit www.anapanaridge.com for more details.

Presenter

Leonie Cecich is a Primary School Music Specialist (B. Ed) and is the director of Kids 'n' Music. She is also the composer and author of the *You Gotta Get Up* series. Leonie has three young children including ten year old Jayden who was born with Down syndrome. Based on her experiences in a wide variety of musical fields, Leonie has trained over 3000 people and presented her work all over Australia. She was awarded the National Award for Excellence in School Music Education in 2008. Leonie is looking forward to spending some quality time with like-minded people over a fun and inspiring weekend!

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Training Registration Form

PLEASE CIRCLE YOUR SESSION CHOICE AND FILL IN THE APPROPRIATE BOXES

For Early Bird Discounts pay in FULL by 24th August 2009

No	Description	YGGU 1	YGGU 2	YGGU 3	Fri Night	Sat Night	Early Bird	Price \$
1	3 Sessions & 2 Nights	✓	✓	✓	✓	✓	\$490	\$520
2	3 Sessions & 1 Night (please tick)	✓	✓	✓			\$405	\$435
3	3 Sessions & Day Catering	✓	✓	✓	X	X	\$400	\$430
4	2 Sessions (tick) & 2 Nights				✓	✓	\$400	\$430
5	2 Sessions (tick) & 1 night (tick)						\$315	\$345
6	2 Sessions (tick) & Day Catering				X	X	\$270	\$300
7	1 Session (tick) & 2 Nights				✓	✓	\$300	\$330
8	1 Session (tick) & 1 Night (tick)						\$215	\$245
9	1 Session (tick) & Day Catering				X	X	\$170	\$200
10	Thursday Night B & B (no dinner)	X	X	X	X	X	\$65	\$65

Name: _____ Date: _____

My Email: _____ Receive e-newsletters? Yes / No

Phone: _____ Mobile: _____

School /Centre: _____ Position: _____

Invoice to: _____ Order No: _____

Postal Address: _____ Post Code: _____

Email Invoice to: _____ Receive e-newsletters? Yes / No

Payment is required in full prior to the weekend. Confirmation details and a receipt will be emailed or mailed to you.

Session Number: _____ Total Amount : _____

PAYMENT METHOD (Please tick)

Invoice Cash Cheque (payable to Kids 'n' Music) Electronic (Please email or fax remittance)

Bank: NAB Account Name: Kids n Music BSB No: 086 699 Account No: 79 106 1650

Visa MasterCard

Card No : _____ Exp Date : _____

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Information Sheet

Check In/Check Out

Check in/Registration time is from 8.30am Friday and Saturday morning. Check out time is 10.00am Sunday. If you are staying Thursday night check in needs to be arranged individually with Anapana Ridge.

What to Bring

Bedding is provided but we suggest that you bring your own pillow. You are welcome to bring your own alcohol to enjoy on Friday and Saturday nights. Bring some comfortable clothes for the workshops as well as for bushwalking/yoga. If you are staying Saturday night please feel free to bring some bathers to enjoy the hot spa!

Thursday Night

For those wishing to stay on the Thursday night, a Bed and Breakfast option is available. Check in is to be arranged individually with Anapana Ridge. Please note that Anapana Ridge does not provide a meal for the Thursday night.

Friday Night

For those staying Friday night, you are invited to join us for dinner and free time to enjoy some great company in a relaxed and fun atmosphere!

Saturday Night

Join us for dinner and then an informal awards presentation and a sing-a-long evening with friends!

Catering

For delegates who are attending as overnight guests, all meals and morning tea/afternoon tea are included in your registration.

For delegates who are attending day sessions only, please note that only morning tea/afternoon tea and lunch are included in your registration.

Please inform us if you have any special dietary needs.

Meeting/Discussion Forum Saturday 2.30 - 3.30pm

This will be an open informal session to chat with Leonie and the Kids 'n' Music team! Bring along any questions or ideas to share with everyone.

Resources

We will have a selection of resources available for purchase over the weekend.

Yoga

We are extremely lucky to have Karen, our very own Yoga Health instructor as part of the Kids 'n' Music team! Karen will be guiding us through some relaxing yoga sessions. Participation is optional - remember to bring some comfy clothes!

Bushwalk

Given the beautiful bush setting we thought it would be a great chance to get back to nature and take some time out for a casual bushwalk. Participation is optional. Remember to bring some walking shoes if you would like to join us!

Website

Don't forget to visit our website www.kidsnmusic.com.au for more information on what is happening at Kids 'n' Music.

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Weekend Schedule

Thursday 10th September

Check in for B & B delegates needs to be arranged individually with Anapana Ridge.

Friday 11th September

8.30am - 9.30am	Registration and Check In
8.30am - 9.00am	Breakfast for B & B delegates
9.30am - 11.00am	YGGU 1 Training Session
11.00am - 11.15am	Morning Tea
11.15am - 12.45pm	YGGU 1 Training Session contd
12.45pm - 2.00pm	Lunch
2.00pm - 3.30pm	YGGU 2 Training Session
3.30pm - 3.45pm	Afternoon Tea
3.45pm - 5.15pm	YGGU 2 Training Session contd
6.00pm - 7.00pm	Drinks and Nibblies
7.00pm - 8.00pm	Dinner
8.00pm - ...	Free time!!!

Saturday 12th September

8.30am - 9.30am	Registration and Check In
8.30am - 9.00am	Breakfast for Friday night delegates
9.30am - 11.00am	YGGU 3 Training Session
11.00am - 11.15am	Morning Tea
11.15am - 12.45pm	YGGU 3 Training Session contd
12.45pm - 2.00pm	Lunch
2.30pm - 3.30pm	Discussion Time with Leonie and the Kids 'n' Music Team! ☺
3.30pm - 3.45pm	Afternoon Tea
4.00pm - 5.00pm	Yoga
5.00pm - 6.00pm	Bush Walk
6.00pm - 7.00pm	Drinks and Nibblies
7.00pm - 8.00pm	Dinner
8.00pm - ...	Awards and Sing-a-long!!!

Sunday 13th September

7.30am - 8.30am	Yoga
8.30am - 9.00am	Breakfast for Saturday Night delegates
10.00am	Checkout